

JULY 29-31 HEALTH & BIOFREQUENCY EVENT SCHEDULE



TIME	THURSDAY, JULY 29	FRIDAY, JULY 30	SATURDAY, JULY 31
Main Topics	Cells, Nervous System, Vitals/SEFI, Muscle Testing	Digestive Health, Supplements, AO tools, Self-Discovery	Research, physical health, business, workshops
8:30 AM	(social time and introductions)	(social time and Q&A)	(social time and Q&A)
9:00 AM	Welcome Message & Setting Expectations	Welcome back & story time	Welcome back (15 minutes) Q&A; Top research trends of the 21st century; protocols for recent developments
9:30 AM	Part 1: The science of atoms, frequencies, quantum energy, cellular physiology, success stories, and how to explain it to a client!	Part 3: The digestive system; gastrointestinal section, insulin, & pancreas markers; top solutions for digestive health	Part 4: Fascia Presentation: Mike Sudbury
10:00 AM			
10:30 AM			
11:00 AM	Break - 20 minutes	Break - 20 minutes	Karen: When to refer to specialists
11:20 AM	Part 2: Understanding the nervous system, endocrine system, & bloodstream; identifying patterns in reports (examples); workshop	Nutritional analysis section! Nutrition, supplements & superfoods (Karen's top lists); success stories; workshop/break-out	Lunch (1 hour)
12:00 PM			
12:30 PM			
1:00 PM	Lunch (1 hour)	Lunch (1 hour)	Business-building: services to offer; pricing
1:30 PM			Marketing Tips with Michael Chu: Industry leader in online coaching
2:00 PM	AO unit: Basic walk-through of reports, SEFI playlists, different ways to use AO frequencies	Post-lunch: remaining topics from Part 3	Brain-mapping: How the body holds onto trauma, how/when it's triggered, techniques to help clients resolve it
2:30 PM			
3:00 PM	Karen Demonstration: AO Scan (real time)	AO unit: Imprinting, broadcasting, & clearing	Practice - Full Scan #1 (45 minutes) Practice - Full Scan #2 (45 minutes)
3:30 PM		Practice/break time	
4:00 PM	Break - 20 minutes	Karen AO Scan Demonstration	
4:20 PM	Muscle Testing training; "List testing" method training; interactive workshop/practice	Self-discovery activity: (take 1 of 4 tests); meet with partner	3 Day Wrap-Up: Main take-aways, support systems. We Love Your Guts!
5:00 PM			
5:30 PM	Farewell for the evening (daily wrap-up)		
6:00 PM	(end/social time/Q&A/good night)		